

N.E.S.T. COURSE IN ROUTINE

The following module is a single unit entitled Routine; the course is a level 3 and offers 4 credits.

The course includes 5 hours attending the Training Centre and 35 hours coursework. The learner has 4 weeks to complete course work. Support is offered on an on-going basis between 10 and 4, Monday to Friday, via the telephone or at any time on line through the training centre.

Assessment for accreditation is based on the following, all of which must be passed to gain the award. These items are covered in depth at the course.

LEARNING OUTCOMES

ASSESSMENT CRITERIA

1. Understand the importance of Routine within the family unit for newborn babies & young children

1.1 Analyse the family routine

1.2 Discuss in detail the components of the family

1.3 Discuss in detail how to keep routine records

2. Understand the importance of Routine from a Practitioner's perspective

2.1 Discuss in detail the normal sleep patterns of the baby/child

2.2 Discuss in detail how to develop an effective routine around sleeping, eating and other family members

2.3 Analyse an appropriate routine for the single child

3. Understand the importance of routine for a mother of multiples

3.1 Discuss in detail how to organise a routine for multiples

3.2 Discuss in detail the family requirements when implementing a family routine for multiples

This qualification compliments the PNC award but may also be used as a stand-alone subject.

Newborn
Education
Services &
Training

The Training Centre
36 Woodfield Park
Amersham
Bucks HP6 5HQ
01494 431720
07811 862930
www.newborneducation.co.uk
cranstonkate@uko2.co.uk

Thank you for your enquiry regarding our Routine course; your information pack is enclosed which contains your booking form.

The course is very comprehensive and intense, designed to promote support of the new mum in the community.

Once you complete the day at the training centre, you will be offered a multiple choice questionnaire and, providing you complete all parts successfully, you will be awarded a certificate proving attendance at the N.E.S.T. course in breastfeeding.

Our courses are small in order to offer the best possible practice in breastfeeding.

If you have any queries, please don't hesitate to contact the training centre.

Please take a moment to read the terms and conditions overleaf.

We look forward to hearing from you.

Regards

Kate Cranston-Stephens

Kate Cranston-Stephens, BA(Hons), DmontEd., DPNC
Founder, N.E.S.T.

Encl.

N.E.S.T.

TERMS & CONDITIONS

- The total cost of each course is inclusive of all course materials, ongoing tutorship, lunch & light refreshments; accommodation is optional and separate
- Course places are limited & cannot always be guaranteed, confirmation of attendance a.s.a.p. will avoid disappointment
- Students who have paid in full for the course and cannot attend will be offered an alternative course date
- N.E.S.T. the lecturers and speakers accepts no liability in the event that the content of the course does not meet individual requirements
- N.E.S.T. reserve the right to alter the advertised course, venue and teaching staff & reserve the right to decline applications
- N.E.S.T. reserve the right to cancel or re-schedule a course
- Successful completion of the course in no way guarantees employment as a PNC (maternity nurse)
- Current materials used on the course have been well researched. Should any student wish to discuss information of a conflicting nature, an appointment to do so may be made
- Course material holds a copyright and may not be copied or used without prior written permission of the company
- N.E.S.T. does not accept liability for any loss or damage of property during the extent of this course, before or after. It is the responsibility of the student to take care of all personal belongings & possessions

TRAINING COURSE INFORMATION

- All our training courses are presented by accredited professionals
- Courses and lectures regularly include expert guest speakers
- All courses are held either at our Buckinghamshire training centre or at other venues by arrangement with external bodies or organisations
- Lunch & light refreshments are provided while on site
- Certificates & Diplomas will only be awarded on successful completion of all course work
- All assignments are submitted to three Assessors – your course tutor, an internal and an external marker; late work will be subject to an automatic fail unless an explanation is submitted for discussion by a panel. The decisions of this panel are final and no further correspondence will be entered into once agreement has been reached and the student notified.

The terms and conditions on the booking form shall be deemed to represent a contractual agreement between the two parties

*N.E.S.T. courses are written & designed by Kate Cranston-Stephens using undergraduate criteria
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Cheques to be made payable to: K Cranston-Stephens, N.E.S.T.

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Newborn Education Services & Training
ROUTINE BOOKING FORM
Please indicate preferred date (see brochure)

SURNAME: _____ TITLE: Ms / Miss / Mrs / Mr

FIRST NAME/s: _____ Date of Birth: _____

ADDRESS: _____

_____ POST CODE _____

TELEPHONE NO/S: _____ / _____

e-mail address: _____

PLEASE INDICATE ANY SPECIAL DIETARY REQUIREMENTS &/OR MEDICAL CONDITIONS

** Please Attach A Current C.V. & Photograph **

I Confirm I Have Read The Terms And Conditions And Agree To Them.

Cheque to be made payable to: *K Cranston-Stephens (N.E.S.T.)*

Signed _____

Name _____

Date _____