

PNC/MATERNITY NURSING COURSE CONTENT

- Pre-birth Development
- Hospital & Home Care
- Your Role & Responsibilities
- The 'Whole Role' Of The PNC
- Newborn Care
- 'New' Mum Care
- Breastfeeding
- Nutrition for mum
- Sleep & Routine
- Special Mums & Special Babies
- Multiples
- Illness In Newborns
- Postnatal Depression/Illness
- Immunisation
- CRB Checks
- CPA Guidelines
- Professionalism
- Your Portfolio
- Being self-employed
- References & Agencies
- The Latest Research
- Work Experience Register
- Your Views
- Assignments

COURSE TIMES

Saturday	9.30 to 17.30
Sunday	10.00 to 16.00

Lunch & light refreshments are included and served throughout the course.

The N E S T course in postnatal care carries 12 credits. All N E S T courses are accredited by OCNOTC and are led by qualified professionals, designed with you, the professional child-carer, in mind.

N E S T Accredited PNC/Maternity Nursing Course by Kate Cranston-Stephens, Founder

Having working in the field for many years, I gained a thorough understanding of working within the home. The N E S T course venue is designed especially with this in mind, emulating the home environment while operating in a classroom-style setting to give you the opportunity to straddle both the workplace and the home.

The course is an intense, accredited 2-day programme, with course work & study, incorporating all aspects of mother and newborn care, designed to provide a platform in the principles & practicalities of support and guidance in the family home environment.

DIRECTIONS

By Tube: Metropolitan Line from Baker Street to Amersham, takes approximately 45 minutes (always check timings)

By Train: Marylebone Station, approximately 35 minutes

By Road: Check with AA Route Planner website for door-to-door instructions; Parking available on site. The Training Centre is approximately a 15 minute walk from Amersham station; a map will be provided on Booking completion

WORK EXPERIENCE

N E S T also offers the unique opportunity of *work experience* for those who pass successfully through the course. A CRB Enhanced check is required by all those who wish to work in baby/childcare.

REFERRAL SCHEME

N E S T works closely with a select number of agencies in promoting the best possible start to a new career or career development in newborn care.

NEW PARENT REGISTER

N E S T operates a non-profit making work experience scheme offering the support & assistance of a novice PNC to new parents at a minimal rate, with an experienced PNC on call; *Terms & Conditions apply.*

ACCOMMODATION

Amersham is a picturesque and ancient town that attracts many tourists. An overnight stay is recommended because of the intensity of the course –*this is optional*. The local tourist office offers a list of B&B's or hotels on 01494 732023 or visit the tourist office website www.amersham.org.uk/tourist. The cost of a room starts from about £45 pppn upwards.

COST OF TRAINING COURSE

£450 inclusive of lecture fees, all course materials & stationery, ongoing tutorial support and guidance, nutritious lunch (as we would expect you to recommend for a new mother) and light refreshments; work experience registration is free. A non-refundable deposit of £50 is required to secure a place on the N E S T PNC/Maternity Nursing course; the remaining £400 to be paid 7 working days prior to course attendance (*see Terms & Conditions for further details*). *Payments may be made by cheque, cash, direct transfer or credit card.*

For further information on any of the N E S T training opportunities, telephone 01684 291464

OTHER NEST ACCREDITED COURSES

One-day Level III 4 credits:

Breastfeeding	£160
Routine	£160
Multiples	£160
Sleep Training	£160

(The NEST accredited course in Routine is offered for free if prior attendance to the PNC course)

One-day Level 4, 10 credits:

Postnatal Depression/Illness	£220
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5-day Level III, 9 credits:

Nanny Course: non-residential	£790
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inclusive of meals, work experience placements, course fees, all course materials, accreditation, & on-going support and guidance for 'new' mothers, as profiled in Mother & Baby Magazine, Nursery Magazine & Nursery World, working in tandem with many agencies who specialise in offering support to postnatal mothers

'Kate Cranston-Stephens is a tireless campaigner in support of mothers and their newborn babies. I commend all her voluntary work which she seems to do quietly, without remuneration, and without advertising the fact!'

Mike Cannon, Software Engineer

'Because the course is run in a home setting, I got a real taste of what it would be like to work in situ. The professional way of teaching balanced this really well'

Sarah Travers

'A very professional, well-run course. I would highly recommend it to anyone, whatever level of childcare experience'

Anna Osborne

'I attended both the nanny course and the PNC course and learned so much more than I ever imagined I could. There's nothing like this in the U.S. Brilliant!'

Francesca Galesi

'I received all the support and help I needed, and found the work experience scheme to be invaluable. I am now on my third assignment and am so proud to be able to pass on my knowledge to new mums'

Helen Morris

'This course should be part of the national curriculum; it offers a good balance between home care and care in the community'

Senior Manager, CPA

'This nanny course inspired me. I now work with autistic children'

L Van Veen

'Nothing is too much trouble for the N.E.S.T. team. They helped me beyond the call of duty, giving me the encouragement I needed to enhance my experience with an accredited qualification.'

Michele Rosich, Hong Kong

Newborn Education Services & Training



PNC/Maternity Nursing COURSE

**The Training Rooms
36 Woodfield Park
Amersham, Bucks
HP6 5QH**

(Outer London)

Booking Enquiries 01684 291464
Training Rooms 01494 431720
[NEST Mobile 07811 862930](tel:07811862930)

enquiries@newborneducation.co.uk
www.newborneducation.co.uk
newbornenquiries@live.co.uk

*Highest Accredited Short Course
(12 credits) in Postnatal Care/non-
medical Maternity Nursing; equivalent
NVQ Level 3/'A' level*